

Utah Regional Substance Abuse Prevention Indicator Profile Report: Indicator Information Sheet

Core Report Indicators

Indicator	Description	Source
Population Data		
2010 Region Population	Population estimate from the 2010 Census	United States Census Bureau ¹
White	Percent of population that was White in 2010	United States Census Bureau ¹
Black/African American	Percent of population that was Black/African American in 2010	United States Census Bureau ¹
American Indian/Alaskan Native	Percent of population that was American Indian/Alaskan Native in 2010	United States Census Bureau ¹
Asian	Percent of population that was Asian in 2010	United States Census Bureau ¹
Native Hawaiian/Pacific Islander	Percent of population that was Native Hawaiian or Pacific Islander in 2010	United States Census Bureau ¹
Some Other Race	Percent of population that was a different race from the above categories in 2010	United States Census Bureau ¹
Two or More Races	Percent of population that indicated membership in more than one race in 2010	United States Census Bureau ¹
Hispanic	Percent of population that indicated Hispanic ethnicity in 2010	United States Census Bureau ¹
Under 18	Percent of the population that was under the age of 18 years in 2010	United States Census Bureau ¹
65 and Over	Percent of the population that was 65 years or older in 2010	United States Census Bureau ¹
Female	Percent of the population that was female in 2010	United States Census Bureau ¹
Community Characteristics		
% Unemployment Rate	Percent of the population in the labor force that was unemployed 2007-2011	United States Census Bureau ¹
Median Household Income	Median household income 2007-2011 in dollars; Range for all counties included in the region ² .	United States Census Bureau ¹
Average Household Size	Average number of people in a household 2007-2011; Range for all counties included in the region ² .	United States Census Bureau ¹
% of Families Below Poverty Level (Parish reports only)	The percentage of families living below the poverty level 2007-2011	United States Census Bureau ¹
Alcohol Indicators		
% Youth 30 day Alcohol Use 6 th Grade, 8 th Grade, 10 th Grade and 12 th Grade	Percentage of youth indicating any alcohol use in the past 30 days	Utah Student Health and Risk Prevention Survey (SHARP)
% Youth Binge Drinking 6 th Grade, 8 th Grade, 10 th Grade and 12 th Grade	Percentage of youth indicating binge drinking (5 or more drinks in a row) in the past two weeks	Utah Student Health and Risk Prevention Survey (SHARP)
Youth Average Age of First Alcohol Use 12 th Grade	The average age of first alcohol use among 12 th graders who indicated using alcohol at some point in their lifetime.	Utah Student Health and Risk Prevention Survey (SHARP)
% Adult 30 Day Alcohol Use (Ages 18+)	Percentage of adults 18 and over indicating any alcohol use in the past 30 days.	Behavioral Risk Factor Surveillance System (BRFSS); Available at state level only.
% Adult 30 Day Binge Drinking (Ages 18+)	Percentage of adults 18 and over indicating drinking 5 or more (males)/4 or more (females) drinks in a row on at least one occasion during the	Behavioral Risk Factor Surveillance System (BRFSS); Available at state level only.

Indicator	Description	Source
	past 30 days	
Rate of Alcohol Related Vehicle Crashes (Fatal, Injury or Property Damage)	The rate of alcohol related motor vehicle crashes resulting in fatalities, injury, or property damage only per 100,000 licensed drivers.	Utah Department of Public Safety, Highway Safety Office
% Population Estimated to be Dependent or Abusing Alcohol (Ages 12+)	Percentage of individuals 12 and older who are estimated to be dependent or abusing alcohol.	National Survey on Drug Use and Health (NSDUH); Available at state level only.
% Youth – Risk Harm from Regular Alcohol Use	Percentage of youth (grades 6, 8, 10 and 12 combined) indicating that people are at moderate or great risk of harming themselves physically or in other ways if they drink 1 or 2 drinks nearly every day.	Utah Student Health and Risk Prevention Survey (SHARP)
% Youth – Parents Feel it is Wrong for Them to Use Alcohol	Percentage of youth (grades 6, 8, 10 and 12 combined) indicating their parents would feel it would be wrong or very wrong for them to use alcohol.	Utah Student Health and Risk Prevention Survey (SHARP)
% Youth – Feel it is Wrong for Peers to Use Alcohol	Percentage of youth (grades 6, 8, 10 and 12 combined) indicating they think it is wrong or very wrong for "someone my age" to use alcohol.	Utah Student Health and Risk Prevention Survey (SHARP)
% Youth Indicating Drinking and Driving in Past 30 Days 10 th Grade and 12 th Grade	Percentage of youth indicating having driven a vehicle after drinking alcohol in the past 30 days.	Utah Student Health and Risk Prevention Survey (SHARP)
<i>Tobacco Indicators</i>		
% Youth 30 day Cigarette Use 6 th Grade, 8 th Grade, 10 th Grade and 12 th Grade	Percentage of youth indicating any cigarette use in the past 30 days	Utah Student Health and Risk Prevention Survey (SHARP)
Youth Average Age of First Cigarette Use 12 th Grade	The average age of first cigarette use among 12 th graders who indicated smoking cigarettes at some point in their lifetime.	Utah Student Health and Risk Prevention Survey (SHARP)
Rate of Lung Cancer Fatalities	Rate of lung cancer fatalities per 100,000 population (ICD 10 Code: C34)	Utah Department of Health, Indicator Based Information System (IBIS)
Rate of Lung Disease Fatalities	Rate of lung disease fatalities per 100,000 population (ICD 10 Codes: J40-J44, J47).	Utah Department of Health, Indicator Based Information System (IBIS)
Rate of Smoking Related Cardiovascular Disease Fatalities	Rate of smoking related cardiovascular disease fatalities per 100,000 population (ICD-10 codes I00-I09, I11, I13, I26-I51, I51.6).	Utah Department of Health, Indicator Based Information System (IBIS)
Rate of Ischemic Cerebrovascular Disease Fatalities	Rate of ischemic cerebrovascular fatalities per 100,000 population (ICD 10 Codes: I20-I25, I60-I69).	Utah Department of Health, Indicator Based Information System (IBIS)
% Youth – Risk Harm from Smoking	Percentage of youth (grades 6, 8, 10 and 12 combined) indicating that people are at moderate or great risk of harming themselves physically or in other ways if they smoke a pack or more of cigarettes per day.	Utah Student Health and Risk Prevention Survey (SHARP)
% Youth – Parents Feel it is Wrong for Them to Smoke Cigarettes	Percentage of youth (grades 6, 8, 10 and 12 combined) indicating their parents would feel it would be wrong or very wrong for them to smoke cigarettes.	Utah Student Health and Risk Prevention Survey (SHARP)
% Youth – Feel it is Wrong for Peers to Smoke Cigarettes	Percentage of youth (grades 6, 8, 10 and 12 combined) indicating they think it is wrong or very wrong for "someone my age" to smoke cigarettes.	Utah Student Health and Risk Prevention Survey (SHARP)

Indicator	Description	Source
Illicit Drug Indicators		
% Youth 30 day Marijuana Use 6 th Grade, 8 th Grade, 10 th Grade and 12 th Grade	Percentage of youth indicating any marijuana use in the past 30 days.	Utah Student Health and Risk Prevention Survey (SHARP)
Youth Average Age of First Marijuana Use 12 th Grade	The average age of first marijuana use among 12 th graders who indicated using marijuana at some point in their lifetime.	Utah Student Health and Risk Prevention Survey (SHARP)
% Adult 30 Day Marijuana Use Ages 18-25	Percentage of adults 18-25 indicating any marijuana use in the past 30 days.	National Survey on Drug Use and Health (NSDUH); Available at state level only.
% Adult 30 Day Marijuana Use Ages 26 and over	Percentage of adults 26 and over indicating any marijuana use in the past 30 days.	National Survey on Drug Use and Health (NSDUH); Available at state level only.
% Youth 30 day Non-Medical Rx Narcotics Use 6 th Grade, 8 th Grade, 10 th Grade and 12 th Grade	Percentage of youth indicating any non-medical (without a doctor telling them to take it) prescription narcotics use in the past 30 days.	Utah Student Health and Risk Prevention Survey (SHARP)
% Adult Past Year Non-Medical Rx Pain Reliever Use Ages 18-25	Percentage of adults 18-25 indicating any non-medical prescription pain reliever use in the past year.	National Survey on Drug Use and Health (NSDUH); Available at state level only.
% Adult Past Year Non-Medical Rx Pain Reliever Use Ages 26 and over	Percentage of adults 26 and over indicating any non-medical prescription pain reliever use in the past year.	National Survey on Drug Use and Health (NSDUH); Available at state level only.
Rate of Drug Poisoning Emergency Dept Visits	Rate of drug poisoning emergency department encounters per 100,000 population (ICD-9 code 965).	Utah Department of Health, Indicator Based Information System (IBIS)
Rate of Drug Poisoning Deaths	Rate of drug poisoning deaths per 100,000 population (ICD 10 Codes: X40-44, X46, X60-64, X66, Y10-14, Y16).	Utah Department of Health, Indicator Based Information System (IBIS)
% Population Estimated to be Dependent or Abusing Drugs (Ages 12+)	Percentage of individuals 12 and older who are estimated to be dependent or abusing drugs.	National Survey on Drug Use and Health (NSDUH); Available at state level only.
% Youth – Risk Harm from Regular Marijuana Use	Percentage of youth (grades 6, 8, 10 and 12 combined) indicating that people are at moderate or great risk of harming themselves physically or in other ways if they smoke marijuana regularly.	Utah Student Health and Risk Prevention Survey (SHARP)
% Youth – Parents Feel it is Wrong for Them to Use Marijuana	Percentage of youth (grades 6, 8, 10 and 12 combined) indicating their parents would feel it would be wrong or very wrong for them to smoke marijuana.	Utah Student Health and Risk Prevention Survey (SHARP)
% Youth – Feel it is Wrong for Peers to Use Marijuana	Percentage of youth (grades 6, 8, 10 and 12 combined) indicating they think it is wrong or very wrong for "someone my age" to smoke marijuana.	Utah Student Health and Risk Prevention Survey (SHARP)

¹U.S. Census quickfacts website: <http://quickfacts.census.gov/qfd/states/49.html>

²For regions with multiple counties, the range (lowest and highest) is provided for the counties that comprise the region.

Optional Indicators

Indicator	Description	Source
Optional Alcohol Indicators		
% Youth – Risk Harm from Regular Alcohol Use 6 th Grade, 8 th Grade, 10 th Grade and 12 th Grade	Percentage of youth (by grade) indicating that people are at moderate or great risk of harming themselves physically or in other ways if they drink 1 or 2 drinks nearly every day.	Utah Student Health and Risk Prevention Survey (SHARP)
% Youth – Parents Feel it is Wrong for Them to Use Alcohol 6 th Grade, 8 th Grade, 10 th Grade and 12 th Grade	Percentage of youth (by grade) indicating their parents would feel it would be wrong or very wrong for them to use alcohol.	Utah Student Health and Risk Prevention Survey (SHARP)
% Youth – Feel it is Wrong for Peers to Use Alcohol 6 th Grade, 8 th Grade, 10 th Grade and 12 th Grade	Percentage of youth (by grade) indicating they think it is wrong or very wrong for "someone my age" to use alcohol.	Utah Student Health and Risk Prevention Survey (SHARP)
% Youth - Alcohol Use at Home with Parent Permission 6 th Grade, 8 th Grade, 10 th Grade and 12 th Grade	Percentage of youth (who used alcohol in the past year) that indicated they usually drank it at their home with parent permission.	Utah Student Health and Risk Prevention Survey (SHARP)
% Youth - Alcohol Use at Someone Else's Home w/ Permission 6 th Grade, 8 th Grade, 10 th Grade and 12 th Grade	Percentage of youth (who used alcohol in the past year) that indicated they usually drank it at someone else's home with their parents' permission.	Utah Student Health and Risk Prevention Survey (SHARP)
% Youth - Alcohol Use at a Home w/out Parent Permission 6 th Grade, 8 th Grade, 10 th Grade and 12 th Grade	Percentage of youth (who used alcohol in the past year) that indicated they usually drank it at their home or someone else's home without parent permission.	Utah Student Health and Risk Prevention Survey (SHARP)
Optional Tobacco Indicators		
% Youth 30 Day Smokeless Tobacco Use 6 th Grade, 8 th Grade, 10 th Grade and 12 th Grade	Percentage of youth indicating any smokeless tobacco use in the past 30 days.	Utah Student Health and Risk Prevention Survey (SHARP)
% Youth ½ Pack or more per Day Cigarette Use 6 th Grade, 8 th Grade, 10 th Grade and 12 th Grade	Percentage of youth indicating heaving cigarette use in the past 30 days (1/2 pack or more cigarettes per day).	Utah Student Health and Risk Prevention Survey (SHARP)
% Youth – Risk Harm from Smoking 6 th Grade, 8 th Grade, 10 th Grade and 12 th Grade	Percentage of youth (by grade) indicating that people are at moderate or great risk of harming themselves physically or in other ways if they smoke a pack or more of cigarettes per day.	Utah Student Health and Risk Prevention Survey (SHARP)
% Youth – Parents Feel it is Wrong for Them to Smoke Cigarettes 6 th Grade, 8 th Grade, 10 th Grade and 12 th Grade	Percentage of youth (by grade) indicating their parents would feel it would be wrong or very wrong for them to smoke cigarettes.	Utah Student Health and Risk Prevention Survey (SHARP)
% Youth – Feel it is Wrong for Peers to Smoke Cigarettes 6 th Grade, 8 th Grade, 10 th Grade and 12 th Grade	Percentage of youth (by grade) indicating they think it is wrong or very wrong for "someone my age" to smoke cigarettes.	Utah Student Health and Risk Prevention Survey (SHARP)

Indicator	Description	Source
<i>Optional Illicit Drug Indicators</i>		
% Youth 30 Day Non-Medical Rx Stimulant Use 6 th Grade, 8 th Grade, 10 th Grade and 12 th Grade	Percentage of youth indicating use stimulants other than methamphetamine (without a doctor telling you to take them) in the past 30 days.	Utah Student Health and Risk Prevention Survey (SHARP)
% Youth 30 Day Non-Medical Rx Sedative Use 6 th Grade, 8 th Grade, 10 th Grade and 12 th Grade	Percentage of youth indicating use of sedatives (without a doctor telling you to take them) in the past 30 days.	Utah Student Health and Risk Prevention Survey (SHARP)
% Youth 30 Day Inhalant Use 6 th Grade, 8 th Grade, 10 th Grade and 12 th Grade	Percentage of youth indicating any inhalant use (sniffing glue, gasses, sprays, etc.) to get high in the past 30 days.	Utah Student Health and Risk Prevention Survey (SHARP)
% Youth – Risk Harm from Regular Marijuana Use 6 th Grade, 8 th Grade, 10 th Grade and 12 th Grade	Percentage of youth (by grade) indicating that people are at moderate or great risk of harming themselves physically or in other ways if they smoke marijuana regularly.	Utah Student Health and Risk Prevention Survey (SHARP)
% Youth – Parents Feel it is Wrong for Them to Use Marijuana 6 th Grade, 8 th Grade, 10 th Grade and 12 th Grade	Percentage of youth (by grade) indicating their parents would feel it would be wrong or very wrong for them to smoke marijuana.	Utah Student Health and Risk Prevention Survey (SHARP)
% Youth – Feel it is Wrong for Peers to Use Marijuana 6 th Grade, 8 th Grade, 10 th Grade and 12 th Grade	Percentage of youth (by grade) indicating they think it is wrong or very wrong for "someone my age" to smoke marijuana.	Utah Student Health and Risk Prevention Survey (SHARP)
<i>Mental Health Indicators</i>		
% Youth Estimated in Need for Mental Health Treatment 6 th Grade, 8 th Grade, 10 th Grade and 12 th Grade	Percentage of youth estimated to be in need for mental health treatment.	Utah Student Health and Risk Prevention Survey (SHARP)
% Youth Categorized as High Risk for Depressive Symptoms 6 th Grade, 8 th Grade, 10 th Grade and 12 th Grade	Percentage of youth classified as higher risk for depressive symptoms.	Utah Student Health and Risk Prevention Survey (SHARP)
Rate of Suicide Deaths	Rate of suicide deaths per 100,000 population (ICD 10 Codes: X60-84, Y87.0).	Utah Department of Health, Indicator Based Information System (IBIS)
% Adults Who Experienced Serious Mental Illness in Past Year (Ages 18+)	Percentage of adults 18 and older estimated to have experienced a serious mental illness in the past year.	National Survey on Drug Use and Health (NSDUH); Available at state level only.
% Adults Who Seriously Thought About Suicide in Past Year (Ages 18+)	Percentage of adults 18 and older estimated to have seriously thought about suicide in the past year.	National Survey on Drug Use and Health (NSDUH); Available at state level only.
% Adults Experienced 1+ Episodes of Major Depression Past Year (Ages 18+)	Percentage of adults 18 and older estimated to have experienced at least one major depressive episode in the past year.	National Survey on Drug Use and Health (NSDUH); Available at state level only.
% Adults Experienced Any Mental Illness in Past Year (Ages 18+)	Percentage of adults 18 and older estimated to have experienced any mental illness in the past year.	National Survey on Drug Use and Health (NSDUH); Available at state level only.